

24-09-2014

11/21/11

To,

Dr. Sheeba & Ashwini Ayurvedic Hospital Team,

In past I had lot of back pain due to Slip Disc issue found in MRI report (2010). I used to go to orthopedic doctor for sever back pain but that was the temporary solution.

Orthopedic Surgeon from Hinduja Hospital suggested me a surgery for slip disc for final resolution. And I started the hospitalization process through my company insurance policy.

Meanwhile one of my best friend suggested me for Ayurvedic treatment instead of surgery. With the help of social media (Internet), I found "Ashwini Ayurvedic Hospital" so I came here and approached Dr. Sheeba for the final resolution. Dr. Sheeba very kindly explained me all the details with surety on the Slip Disc issue for the final resolution & I admitted myself for 24 days treatment.

On the 7<sup>th</sup> day in hospital I came to know the shocking news with new MRI report that I have another big issue called "Avascular Necrosis" and for that Hip Replacement is the only resolution.

Dr. Sheeba explained me all the details about new MRI report & changed the medicine & other stuff for new Hip problem including Slip Disc issue.

In duration of 24 days, it was a feeling like at home but not in hospital and that was possible because of all supporting, positive attitude, helpful nature & love from all the staff (Ranisir, Binu, Anil, Sandhya, Anita & Dr. Sheeba).

[P.T.O]

The inhouse cooked food & tea was served on time to time without fail including medicines. Biru & Anil both are fantastic human beings with full of positive energy & lots of instructions on Do's & Don'ts. Sandhya & Anita also explained me lots of stuff with instructions.

WOW... what a fantastic team...

Really Appreciated - Ashwini Hospital should proud of this kind of staff.

Today is my last day of treatment and I can feel much better improvement in me. Dr. Sheeba has suggested me to continue medication stuff for next 3-4 months for 100% cure.

At last moving home with lots of positive hopes & loving memories from here & really wants to thank entire team of "Ashwini Ayurvedic Hospital" & Dr. Sheeba.

You all will be always part of my life.

Thank you very much all of you  
and All the Best!!!

With regards,  
Nitin Mahadik  
Goregaon, Mumbai.